



Empowering People.  
Empowering Change.

## Mental Illness Can Affect Anyone

According to the National Alliance on Mental Illness (NAMI), 1 in 5 U.S. adults and 1 in 6 U.S. youth aged 6-17 experience mental illness each year.

## Guild Can Help

Guild works with individuals 16 and older, located in the Twin Cities Metro area, who are living and coping with a mental illness or experiencing homelessness.

## Our Purpose

Empowering change through engaging individuals and communities, embracing needs and elevating voices.

We help our clients:

- Avoid homelessness and live in safe, affordable housing.
- Maintain optimum physical and mental health.
- Find employment or pursue education.
- Have recreation and socialization opportunities.
- Enjoy a sense of satisfaction with life.

## Our Values

**Empowerment.** We empower people to discover.

**Dignity.** We believe everyone is worthy of respect.

**Collaboration.** We support one another.

**Innovation.** We bring new ideas and solutions.

**Perseverance.** We show up when others don't.

Anyone can call for help.  
**651.925.8490**  
Our Community Access Team  
will respond to your call.

## Our Services

Recovery cannot be achieved or sustained without addressing three areas: health, housing, and employment. We believe success and challenges in one area create change in others.

### Health

Guild provides integrated community mental health treatment and case management services that prevent and quickly address crises, reduce homelessness and hospitalization, and increase overall stability.

### Housing

Guild provides supportive housing services for people struggling with a diagnosed mental illness and/or experiencing chronic and long-term homelessness. We help each person find stable, affordable housing in their community of choice and support them so they can remain in their residence.

### Employment Services

Guild uses the most effective model of supportive employment for people with a serious mental illness: the Individual Placement and Support Model (IPS). This model helps clients obtain and retain employment, increase income, improve self-esteem and quality of life, and reduce symptoms.

## In 2023,

- We served 2,185 individuals.
- We provided 480 services to our clients in the Twin Cities metro area on any given day.
- We had 79% of our clients housed.

## Guild

Guild is a not-for-profit corporation governed by a volunteer Board of Directors representing the communities we serve. In 2023, 2,185 adults and young adults in the Twin Cities metro area received services from us.

## History

Our roots go back to the early 1970s. Hastings State Hospital closed and The Guild of Catholic Women (GCW), a volunteer organization, stepped forward to provide housing for individuals leaving the hospital. In 1990, The GCW established Guild Incorporated as a separate, not-for-profit professional organization to carry services forward. In 2020, we dropped "Incorporated" and became Guild.

## Our Clients

The most common mental illnesses our clients experience are depressive disorder, bipolar disorder, and schizoaffective disorder. Additionally, we work with clients experiencing anxiety, mood disorders, and more.

## Other Barriers to Health

Our clients often experience additional barriers to receiving care, including chronic medical conditions, isolation, long-term homelessness, unemployment, poverty, and substance abuse.

Guild is a Minnesota not-for-profit 501(c)(3) organization that empowers those living with mental illness and/or experiencing chronic homelessness by helping them find the tools they need to lead stable, fulfilling lives in the communities of their choosing.



Free language assistance and interpreter services are available. Guild complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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## 2023 Results

### Meeting the Need.

Our holistic mental health, housing and employment services touched the lives of 2,185 community members last year.

### Finding Competitive Employment.

69% of individuals in our Employment Services program obtained work experience.

### Ending Homelessness. One Person at a Time.

79% of Guild clients were housed and 78% of Guild clients reported progress on a goal.

### Changing Lives.

"Guild has done a lot of good. I am a healthier, stronger person because of Guild." - Guild client.