SEPTEMBER

S suidd Empowering People

Guild Community Support Program 1740 Livingston Avenue West Saint Paul, MN 55118

0 4					an W	West Saint Paut, MN 5
	MON 12-4PM	TUE 12-4PM	WED 12-4PM	THU 12-4PM	FRI 12-4PM	SAT
	CLOSED FOR LABOR DAY	1:00pm Music Group 2:30pm Peer Support Group	4 12:30pm Ted Talks 1:30pm Wellness Wednesdays	1:00pm Mental Health Support Group 2:30pm Mad Libs	6 12:30pm What's Happening 1:30pm Art with Jennifer	7 Closed
	9 12:30pm Ted Talks 1:00pm Movie Matinee at the CSP	1:00pm Music Group 2:30pm Peer Support Group 4:30pm Dinner Club RSVP \$\$	11 12:30pm Ted Talks 1:30pm Wellness Wednesdays 2:00pm Financial Literacy	12 CSP ART SHOW & OPEN HOUSE *NO MEMBER HOURS*	13 12:30pm What's Happening 1:00pm Stories with Jim	Closed
	16 12:30pm Ted Talks 1:30pm Cognitive Behavioral Therapy Informed Group	1:00pm Music Group 2:30pm Peer Support Group	18 12:30pm Ted Talks 1:30pm Wellness Wednesdays 2:00pm Spiritual Conversations with Stan	1:00pm Mental Health Support Group 2:30pm Trivia	20 12:30pm What's Happening 1:30pm Art with Jennifer	Closed
	23 12:30pm Ted Talks 1:30pm LAC Meeting (Dakota Co. Local Advisory Council)	24 1:00pm Music Group 2:30pm Peer Support Group	25 11:00am Movie Club RSVP 1:30pm Wellness Wednesday 2:00pm Stories with Jim	26 12:30pm Lunch with Friends and All Member Meeting	27 12:30pm What's Happening 1:30pm Art with Jennifer	NAMI WALK 11am-3pm
	30 12:30pm Ted Talks 1:30pm Cognitive Behavioral Therapy Informed Group	1:00pm Music Group 2:30pm Peer Support Group	**Classes subject to change: please call ahead to confirm**	RSVP (651) 457-2248 Ext. 2115 RSVP on or after the 1st of the month	**Tours of the CSP are available Monday and Friday afternoons. Call Alex for an appointment** (651) 457-2248 Ext. 2102	