SEPTEMBER

Guild Community Support Program 1740 Livingston Avenue West Saint Paul, MN 55118

Empowering People

MON 12-4PM	TUE 12-4PM	WED 12-4PM	THU 12-4PM	FRI 12-4PM	SAT
RSVP (651) 457-2248 Ext. 2115 RSVP on or after the 1st of the month	**Classes subject to change: please call ahead to confirm**	**Tours of the CSP are available Monday and Friday afternoons. Call Diane or Ally for an appointment**		1 12:30pm What's Happening 7:00pm Lynx Game RSVP	2 Closed
4 Labor Day CSP CLOSED	5 1:00pm Music Group 2:30pm Peer Support Group 4:30pm Dinner Club RSVP \$\$	6 11:30am Movie Club RSVP 12:30pm Ted Talks 3:00pm Walking Group	7 12:00pm Danny's Testimony 1:00pm Mental Health Support Group 2:00pm Stories with Jim	8 12:30pm What's Happening 1:30pm Art with Jennifer	9 Closed
11 9:00am Let's Go Fishing RSVP 12:30pm Ted Talks	12 1:00pm Music Group 2:30pm Peer Support Group	13 12:30pm Ted Talks 3:00pm Walking Group	14 12:30pm All Member Meeting and Lunch with Friends	15 12:30pm What's Happening 1:30pm Jean's Arts and Crafts	16 Closed
18 12:30pm Ted Talks 1:30pm Cognitive Behavioral Therapy Group	19 1:00pm Music Group 2:30pm Peer Support Group	20 12:30pm Ted Talks 1:00pm Financial Literacy 3:00pm Walking Group	21 12:30pm Chair Yoga 1:00pm Mental Health Support Group 2:00pm Stories with Jim	22 12:30pm What's Happening 1:30pm Art with Jennifer	23 NAMI Walk 11am-3pm RSVP
25 12:30pm Ted Talks 1:30pm LAC Meeting (Dakota Co. Local Advisory Council Meeting)	9:00am Let's Go	27 12:30pm Ted Talks 1:30pm Bingo 3:00pm Walking Group	28 12:30pm Lunch with Friends	29 12:30pm What's Happening 1:30pm Art with Jennifer	30 Closed