

Community Access Services

Mental Health Therapeutic Services

Services are available for adults who are experiencing mental illness including depression, anxiety, bipolar disorder, schizophrenia, and other clinical disorders. Flexible, strengths-based services support recovery and are provided in the individual's home and in the community where needed. Services increase or decrease as the individual's needs change. These services help individuals:

- Set personal goals and develop a plan to achieve them
- Manage the symptoms of mental illness
- Maintain optimum physical and mental health
- Coordinate psychiatric services and maintain an effective medication program
- Find desired employment or achieve educational goals
- Develop and enhance skills to meet the challenges of daily living
- Prevent and cope with crises
- Develop friendships and supportive relationships with others
- Get involved in social and recreational activities
- Have a sense of autonomy, security, and hope for the future

Consultation & Counseling for Families and Others

Services are available for family members or concerned others of individuals who are experiencing mental illness. The following services are available to:

- Consult with families on individual needs related to mental health
- Provide support with loved ones' illnesses
- Educate about mental illness and integrating health care needs
- Explore family dynamics
- Assist families in problem solving
- Learn how to talk to family members about seeking help
- Identify available resources
- Provide therapeutic intervention
- Foster resiliency

Accessing Services

Individuals and/or families who are interested in services can call 651-925-8490. The availability of service depends on the staffing capacity at the time of inquiry.



Empowering People.
Empowering Change.

Community Access Cost and Payment for Services

Initial Screening/Consultation

Community Access services are determined by the individual, family, and the Community Access Program Manager or staff during an initial consultation. The intent of the consultation is to ascertain what type of services will best meet the needs of the individual. There is no charge for this initial consultation, which normally takes about one hour of time.

Service Agreement/Diagnostic Assessment

Once the initial consultation has occurred, a service agreement will be developed that reflects the type, frequency, and start date for service to commence. A diagnostic assessment may be completed at the start of services.

Individual Records/Rights/Privacy Practices

An electronic record is established for each individual. Guild has a basic responsibility to protect the rights of every person served. A Statement of Rights and Notice of Privacy Practices will be given at the beginning of services and reviewed annually.

Fees for Services: \$125.00/hour, billed in 15-minute increments

- Face to Face Meetings
- Diagnostic Assessment
- Family Consultation
- Care Plan Development and Resource Identification
- Collateral Discussions and Progress Updates
- Documentation

Billing Terms

Invoices will be submitted on a monthly basis. Payment is due within 30 days of invoice date. Cash or checks are acceptable payment options. Services may be terminated at any time by either party.