Let us begin with a heartfelt thank you.

With your support, we’ve been working hard to bring together treatment and services to meet a variety of needs in peoples’ lives.

So, what does integration really mean in our work? What does it look like – on a practical level – in a person’s life? How does it impact our communities? Who does it take to bring it about?

That’s exactly what we set out to show you in this report by sharing Nico’s story.

Individuals + access + a full continuum of services coming together holistically + your involvement = lives and communities changed. Here’s the proof:

- **3,159 unique adults and young adults** received services from us.
- **Over 300 assessments** – a critical key in helping people access treatment and services – were completed by our Community Access team – a **98% increase** over 2016.
- **More people found jobs** with help from Employment Services – a **28% increase** from 2016.
- **82%** of individuals served by the Housing Access Resource Team (HART) **received or maintained stable housing** in 2017. We also launched the Coming Home Pilot Project and expanded Hospital to Home – both programs serve individuals experiencing homelessness.
- **95%** of admissions to our Residential Crisis Stabilization Services, Maureen’s House, stabilized their situations without hospitalization for psychiatric care.

2017 was a year of change. We lived the process of integration by forming a **new leadership team** and organizational structure. It hasn’t been easy, but the process has resulted in renewed partnerships, sense of purpose, and an ongoing commitment to honor the legacy of person-centered, quality services set forth by our predecessors.

Guild’s future is bright. We lead the industry in helping people get the right services at the right time. In partnership with Scott County, we are on track to meet our goal of opening a new crisis mental health and residential treatment center in the summer of 2019 to respond to the needs of our community.

It takes all of us – working together – to achieve these kinds of outcomes. We remain grateful for your support and would love to hear what you think. Contact us at 651-291-0067.

Sincerely,

Julie Bluhm
Executive Director | CEO

Michael P. Sampson
Chair, Board of Directors
Our Mission
help people with mental illness lead quality lives by providing integrated treatment and services

Our Vision
health, hope, and dignity for all

You are Making a Difference
In 2017, 3,159* unique adults and young adults in the Twin Cities Metro area received services from us. The most common illnesses were depressive disorder, bipolar disorder, and schizoaffective disorder. The people we serve often face other barriers to health as well, including medical conditions, isolation, chronic homelessness, unemployment, poverty, and substance use.

With your help, we partner with individuals to counter barriers, so they can: live in safe, affordable housing, and homelessness is prevented; maintain optimal physical and mental health; find employment or pursue education; have recreation and socializing opportunities, and report a sense of satisfaction with their quality of life.

We focus on Integrated Care – treating the whole person – through these Programs and Services:

• **Assertive Community Treatment Services** (ACT): Adult ACT and Youth ACT – Equilibrium (EQ)
• **Care Management**: Care Coordination and Behavioral Health Home Services
• **Community Support Service Center** (CSP)
• **Delancey Services** (integrated services for people with histories of homelessness): Delancey Street, Hospital to Home, Coming Home Pilot Project
• **Employment Services**
• **Housing Support Services**: Housing Access Resource Team (HART), Coordinated Entry Pilot Program, Delancey Apartments
• **Residential Services**: Crisis Stabilization Services – Maureen’s House, Intensive Residential Treatment Services (IRTS)
• **Targeted Case Management**
• **Community Access Services**

*Total unduplicated episodes of care.
141 PEOPLE received housing subsidies, helping them access safe, affordable housing and prevent homelessness.

82% of individuals served by the Housing Access Resource Team (HART) received or maintained stable housing in 2017.

Launched Coming Home Pilot Project, a partnership with Hearth Connection, HealthEast St. Joseph’s Hospital, and Catholic Charities, working to improve quality of life for individuals experiencing homelessness and to reduce unnecessary emergency or inpatient visits.

Expanded Hospital to Home, a cross-system partnership identifying efficient, cost effective ways for individuals with mental illness experiencing homelessness and chronic health conditions to get the care they need without relying on high-cost emergency room care.

“I strongly believe that I am ‘called’ to do this work and that every experience I’ve lived has led me here; to be part of the process that helps individuals have the life they deserve. When I hear Nico’s words, it affirms the work I do and the reasons for doing it. It invigorates my faith in the shared human experience and revitalizes hope.”

—Vicenta, Program Manager, Housing Support Services

Nico, Individual Served
Dad. Mentor. Client Representative, Board of Directors (2017-18)

“When you’re homeless, you lose your dignity. It’s a crummy hotel at best — a park bench at worst. A Guild Case Manager explored my housing options and set up a meeting with me and Guild’s Supportive Housing Services team. Vicenta told me it was her goal to get people back on their feet. She asked me if I wanted to look at an apartment. I moved in a short time later. It was a transformative moment.”

Read Nico’s story.

JOIN OUR TEAM.

188 Employees,
6 Psychiatric Residents,
24 Nursing Interns,
16 Bachelor of Social Work Interns, 1 Graphic Design Intern, and
1 Human Resources Intern helped us meet our mission in 2017.
“Nico’s story really illustrates the importance of having a stable residence. It’s the foundation for recovery in any situation whether it’s mental health, addiction, or being under-employed. Guild looks not just at mental illness, they also offer supportive housing, employment, and other services. What sets the Guild service model apart from others is the combination of compassion, wisdom, going outside the traditional ‘box’ of care delivery, and using the latest research and technology in mental health treatment. They really want to help people. That’s why I got excited to support them, and that’s why I continue to support them.”

- Kevin Gregerson, Donor

“Guild’s Employment Services team convinced me I had worth to employers and helped get my confidence back on track.”

Read Nico’s story.
“I’d had enough. It was really hard for me to see my family hurting. My son was 7-months-old, and it killed me that I wasn’t there for him. I had a lot of shame and guilt. That’s when I walked into a local hospital. ‘I’m going to do one of two things,’ I said. ‘Jump off of the parking garage or get sober.’ It was death or it was life. I didn’t know which one I wanted more.”

Read Nico’s story.

95% of admissions to our Residential Crisis Stabilization Services, Maureen’s House, resulted in the individuals stabilizing their situations without hospitalization for psychiatric care.

“When I learned about all the amazing work Guild was doing to help adults with mental illness live full and meaningful lives, I was intrigued. I come from a family that has dealt with difficult mental health issues and know how important it is to connect with those struggling in a compassionate way. That’s why I signed up for the 1:1 Friendship Program.”

-Kolean Pitner, Friendship Volunteer

175 volunteers helped us meet our mission in 2017.

BECOME A VOLUNTEER!
“Addiction exacerbated my mental health challenges. At times, using drugs allowed me to suppress symptoms and escape problems. But, then I’d get sober and feel desperate and suicidal. It was a cycle that I didn’t know how to stop. By the time I was referred to Guild, I’d been in seven different treatment centers in 2 ½ years. My family had to distance themselves from me.”

Read Nico’s story.

More than 49% of individuals served had a co-occurring disorder. In addition to mental illness, they are also coping with a medical condition or a substance use disorder.

“Nico’s story has helped me get a deeper view into the kind of transformations we can help our clients make. With Guild’s help, Nico went from being homeless and sleeping on a bench – and very nearly taking his own life – to being employed and having a stable home and serving as a member of Guild’s Board of Directors. I have found Nico to be a keen observer of detail. He has brought a great deal of insight to the Board about what it’s like to be a Guild client, which has been especially valuable in this period of tremendous change, both externally and internally.”

-Mike Sampson, Chair, Board of Directors

GET TO KNOW US BETTER.
2017 EXPENSES

- Program Services: $13,526,535
- Management and General: 2,091,688
- Fundraising: 460,902

Total: $16,079,125

2017 PUBLIC SUPPORT AND REVENUE

- Government Grants and Contracts: $4,644,191
- Minnesota Health Care Programs: 9,103,008
- Contributions: 1,423,356
- Private Health Insurance, Private Pay and Other: 865,870

Total: $16,036,425
# Statement of Financial Position

## Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>12/31/17</th>
<th>12/31/16</th>
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<tbody>
<tr>
<td><strong>Current Assets</strong></td>
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<td>Cash and Cash Equivalents</td>
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<td>Promises to Give, Net of Allowance</td>
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<td>Prepaid Expenses and Other Assets</td>
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<td><strong>Net Property and Equipment</strong></td>
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<td><strong>Total Assets</strong></td>
<td>6,621,513</td>
<td>6,531,296</td>
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## Liabilities and Net Assets

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<th>Description</th>
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<tr>
<td><strong>Current Liabilities</strong></td>
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<td>Current Portion of Notes Payable</td>
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<td><strong>Net Assets</strong></td>
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<td>Permanently Restricted</td>
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<td><strong>Total Liabilities and Net Assets</strong></td>
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<td>6,531,296</td>
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## Statement of Activities

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<th>Description</th>
<th>12/31/17</th>
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<tr>
<td><strong>Public Support and Revenue</strong></td>
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<tr>
<td>MN Health Care Programs, Government Grants and Contracts</td>
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<td>Contributions, Sponsorships and Ticket Revenue</td>
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<td>Resident Fees</td>
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<td>Private Health Insurance and Private Pay</td>
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<td>Other Revenue</td>
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<td><strong>Total Public Support and Revenue</strong></td>
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## Expenses

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<tr>
<th>Description</th>
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<tbody>
<tr>
<td>Program Services</td>
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<tr>
<td>Management and General</td>
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<td>Fundraising</td>
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<td><strong>Total Expenses</strong></td>
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<td><strong>Increase (Decrease) in Beneficial Interest of Assets Held by Others</strong></td>
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<tr>
<td><strong>Change in Net Assets</strong></td>
<td>80,513</td>
<td>692,257</td>
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Ladder of Hope Giving Society

Thank you to our 2017 Donors — those who appear on this list and those who do not. We could not fulfill our mission without your ongoing support.

### REALIZING THE VISION – $25,000 per year for five years ($125,000)
- Bob & Sandy Klas
- Marge Manion*

### BRIDGE TO LIFE – $10,000 per year for five years ($50,000)
- Anonymous (2)
- Diana Devereaux & Family
- Dan & Kari Rominski
- Mary L. Holmes Family
- Caroline Stevenson

### REACH TO FREEDOM – $5,000 per year for five years ($25,000)
- Anonymous (4)
- Lynn Brown
- Ben & Antusa Bryant
- Robert & Eileen Fahrenkrug
- Kay Fredericks & Dick Cisek
- John & Theresa Griep
- Bob & Sandy Klas
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- SUCCESS Computer Consulting
- Maryann Sweeney & Jack Dyer
- Mark & Kimberly Thompson
- Connie Wagner
- Carla Warner
- West St. Paul Commercial Club

### RUNG TO WELLNESS – $1,000 per year for five years ($5,000)
- Anonymous (13)
- Rudolf and Rachel Alvey
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- Brasa-Adeboye Family
- Bituminous Roadways, Inc.

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- Brien Godfrey & Christine Hult
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- Alta Oben
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- Robert & Carolyn Thompson
- Erik & Rima Torgeron
- Don Tran
- John & Jill Vuchetich
- Janet Wanzek
- Waterous
- Bjorn C. Westgard & Kathrin C. Walker
- Marianne Wheelock & Scott Kajer
- Richard & Debra Wicka
- Kristin Wiersma
- The Wolkowicz Family
- Jim & Sharon Ysebaert
- Hilary Gibbens Ziols

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- Associated Bank
- Ray & Florence Berglund Family Foundation
- Phillil Bifulk*
- F.R. Bigelow Foundation
- Bituminous Roadways, Inc.
- Otto Bremer Trust
- Bush Foundation
- Business Partners Plus
- Ben & Antusa Bryant
- Edwards Memorial Trust
- Mary Patricia Fenlon Memorial Fund
- Kay Fredericks & Dick Cisek
- Greater Twin Cities United Way
- Greycoach Foundation
- Cyril E. & Genevieve Gobeil Fund
- The Guild of Catholic Women, Inc.
- Hardenbergh Foundation
- Fred & Mary Hoedeman
- Mary L. Holmes Family
Charlotte McEvoy, in loving memory of William J. McEvoy

Roland Turner Family Trust

Marge Manion*

Barbara & David Koch

Skip & Pat Kiland

Dr. & Mrs. Girard

Pamela Flenniken

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George Broostin

Anonymous (3)

us in their estate plans

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Eugene & Beverly Lentsch

List Foundation

Lombardo Family Limited Partnership

Marge Manion*

Mary & Chip Michel

Mary Chip Michel

Barry & Sharon Mason

Medica Foundation

Mary & Chip Michel

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South Robert Street Business Association

Caroline Stevenson

Angie* & Tom Stone

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William P. Sweeney

Leonard* & Lois* Tracy

Target

Mark & Kimberly Thompson

Connie Wagner

Janet Wanzek

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Cyril E. & Genevieve Gobell Fund

The Guild of Catholic Women Centennial Fund

Jim & June Guldan Family Fund

The Marge Manion Fund

The Grace Tangierd Schmitt Fund

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Jantze & Dennis Haley

Lowell & Cay Shea Hellervik

Arthur & Rosemary Janousek

Earl D. & Marian N. Olson Fund

Dan & Kari Rominski

Tom & Angie* Stone

Mark & Kimberly Thompson

Wanzek Family Foundation

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Those who have contributed a total of $1,000-$4,999 during 2017

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Alliance Bernstein

The Andersen Family Foundation

Anodyne

Anonymous (8)

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Frank Babka

Melanie Banta & Van Luoma

Bollero Family

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Bridgewater Bank

Karl* & Connie Charipar

Cities 97

Bob & Nancy Coates

Credible Behavioral Health

Denovo

Joseph C. & Lillian A. Duke Foundation

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Edina Realty St. Paul

Juliet Wanzek Everist

Garrity Tegeler & Varley Wealth Strategies

Deb & Phil Gelbach

Genoa, a Qol Healthcare Company

Google

Kevin Gregerson

Guaranteed Rate Affinity, Dean Schiffer

Rose Anne & Lee Hallgren

Susan & Tom Handley

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James Kenna

Kopp Family Foundation

Gary Kraemer

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Lakeview Bank

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MIPRO Consulting

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Nasseff Mechanical Contractors

Nittsk

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H.E. & Helen R. Warren Foundation

Darcee Weber

Mary & Ben Whitney

Richard & Debra Wicka

Wilkerson Guthmann

Wipflti LLC

HONOR/MEMORIAL GIFTS

The following gifts were made in honor or memory of a loved one during 2017

(Recipient/Donor Name) * indicates deceased

Phillip Adams*

Carol L. Ferris

Karen A. Alberg*

Jean & Russell Bey

Lucille Carlson

Pat McGovern & Dave Cossi

Susan Wall

Aileen Baesemann*

Pamela Flenniken

Richard Beartth*

Patricia Beartth

Patricia Berendt

Dave & Margaret McDonell

Patricia Rolewicz

Sam Beattie*

Chris Bremer

Joanne Bennett*

Wayne & Joyce Taylor

Drew Christensen*

Anonymous

Jeff & Nancy Christensen

Peter & Mary Knoll

Tina Lay

Danell & Mark Oxler

Mary Schmitt

Cory Thompson

Robert Veatch

Sally Verrilli

Linda Widner

11
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<thead>
<tr>
<th>Name</th>
<th>Sponsor/Comment</th>
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<td>Exclusively Diamonds</td>
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<td>Karen Francis</td>
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<td>Karen Frisell</td>
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<td>Bill Foussard</td>
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<td>Patricia &amp; Jack Garber</td>
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<td>Tamara Gerten</td>
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<td>Graco</td>
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<td>Wendy Halverson &amp; Alson Toavs</td>
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<td>Judith &amp; Everett Hellige</td>
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<td>Mary &amp; Dana Johnson</td>
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<td>Sue Karr</td>
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<td>June &amp; Ray Kolodziecki</td>
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“I have a reason to be here. I’m a lot happier, and more confident. Depression and anxiety used to demoralize me; they took away my will to move forward. Even though I still have symptoms, I have a support system now. With your help, Guild gave me the tools to succeed.”

“With your help, Guild gave me the tools to succeed.”

Because of you, individuals like Nico are leading quality lives in the community.

Get Involved.
Stay Involved.

Get to Know Us Better.
Volunteer.
Donate.
Get Services.
Join Our Team.

Thank You
Programs and Services

ASSERTIVE COMMUNITY TREATMENT SERVICES (ACT)
  Adult ACT
  Youth ACT – Equilibrium (EQ)

CARE MANAGEMENT
  Care Coordination
  Behavioral Health Home Services

COMMUNITY ACCESS SERVICES

COMMUNITY SUPPORT SERVICE CENTER (CSP)

DELANCEY SERVICES (INTEGRATED SERVICES FOR PEOPLE WITH HISTORIES OF HOMELESSNESS)
  Delancey Street
  Hospital to Home
  Coming Home Pilot Project

EMPLOYMENT SERVICES

HOUSING SUPPORT SERVICES
  Housing Access Resource Team (HART)
  Coordinated Entry Pilot Program
  Delancey Apartments

RESIDENTIAL SERVICES
  Crisis Stabilization Services – Maureen’s House
  Intensive Residential Treatment Services (IRTS)

TARGETED CASE MANAGEMENT

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  Michael P. Sampson

VICE-CHAIRMAN:
  Nik Larsen

SECRETARY:
  Will Susens

TREASURER:
  Bill Bosch

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  Melissa Scanlan-Duncan
  Ross Eggers
  Norman “Butch” Goldberg
  Lou Gomez
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  Jennifer Kalla
  Sarah Kottke
  Tom Luing
  Bill Marzolf
  Kari Rominski
  George Surratt
  Bjorn Westgard

DIRECTOR EMERITUS:
  David McDonell

HONORARY DIRECTOR:
  Vineeta Sawkar
Enrolled provider with Minnesota Health Care Programs and other health plans including: Blue Cross Blue Shield, HealthPartners, Hennepin Health, Medica, Optum, and UCare.

CARF accredited for the following services: Assertive Community Treatment, Assessment and Referral, Case Management/Services Coordination, Crisis Stabilization, Integrated Behavioral Health/Primary Care, Residential Treatment, and Community Employment Services including Job Development and Employment Supports.

Administration Offices
130 South Wabasha Street, Suite 90
Saint Paul, MN 55107

For more information, contact us at:
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info@guildincorporated.org
651.291.0067